



# Putting the Pieces Together to Tell Our Story

Dr. Sésha Zinn, Psy.D.  
Licensed Clinical Psychologist  
Systems Performance, Research & Evaluations Manager



# Butte County Data

Population- 225,411

**Butte County has 1.4 times the rate of poverty in California and 1.5 times the rate for the United States.**

Poverty Rate- 21.8%  
California Rate- 15.3%  
United States Rate- 14.7%

Butte county encompasses 1,640 rural, square miles with 136 people per square mile.

**36.5% of Butte County's population are Medi-Cal Beneficiaries. California's rate is 33.4%**



**Unemployment rates (Feb, 2017)**

- Butte County-6.8%
- California- 5.0%



# Butte County Department of Behavioral Health

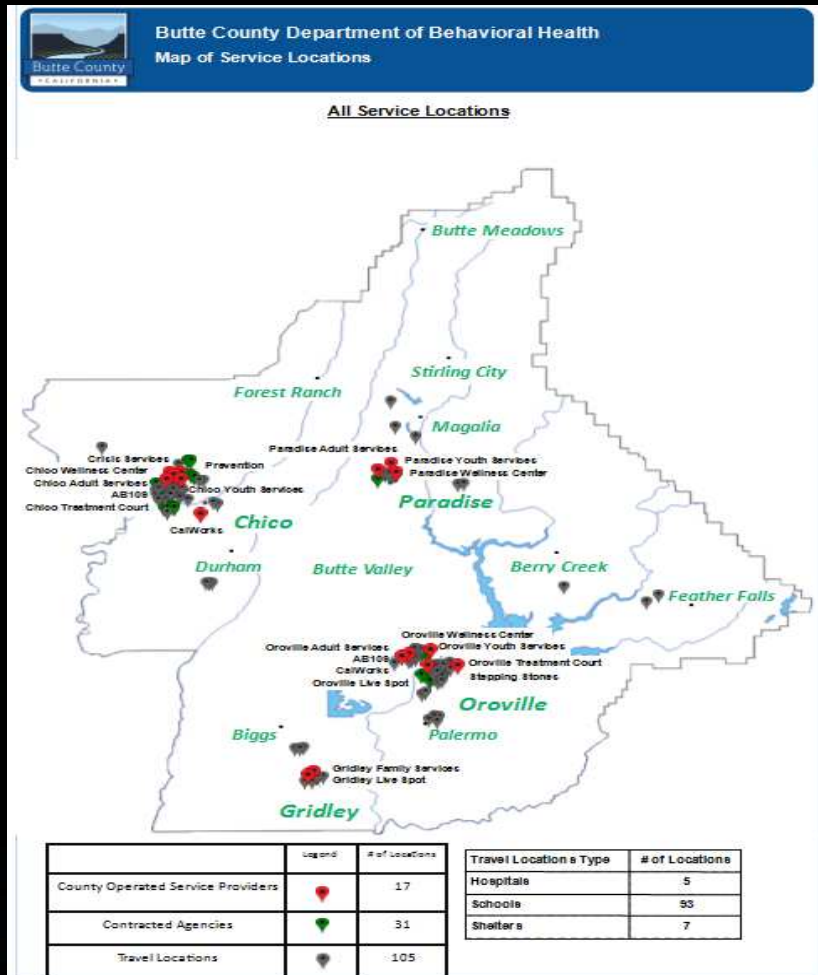
- Total BCDBH Employees: 466
- Fiscal Year (FY) 15-16
  - 9387 Received Services

Our Mission: "Partner with individuals, families and the community for recovery from serious mental health and substance abuse issues and to promote wellness, resiliency and hope."

Total Budget FY 2015-16	\$ 61,100,000
Mental Health Budget	\$54,600,000
Substance Abuse Budget	\$6,500,000

Clients Served		
Adult (18+)	6957	74.1%
Youth (1-17)	2430	25.9%

# Butte County Department of Behavioral Health



- Chico
- Oroville
- Paradise
- Gridley

## Distribution of Services by Provider

County-operated/staffed Clinics	68%
Contract Providers	32%
Network Providers	<1%
Total	100%

# Behavioral Health Services

## Crisis Services (all ages)

- Crisis Stabilization Unit (CSU)
- Psychiatric Health Facility (PHF)
- Walk-in Crisis Services in Chico
- Crisis Residential (Iris House)
- Crisis Triage Teams

## Youth Services (ages 0-17)

- Prevention Services
- Outpatient Counseling and Medication Support
- Dual Diagnosis Counseling
- School-based Counseling/Housing and Employment
- Homeless Services

## Adult Services (ages 18 and over)

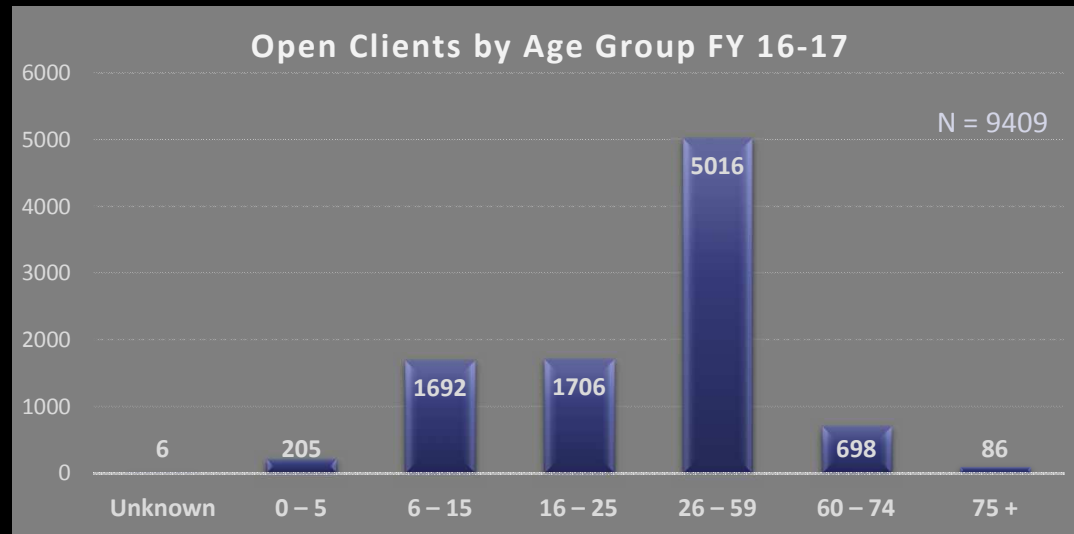
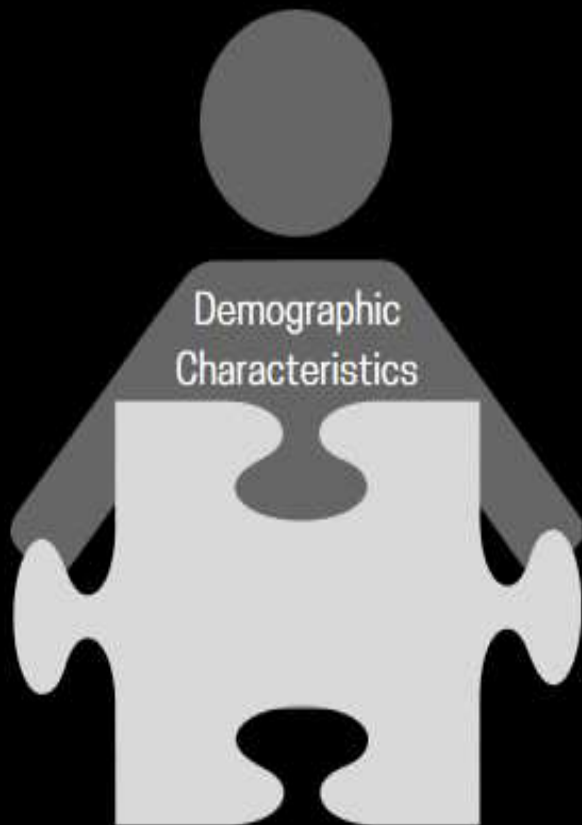
- Outpatient Counseling and Medication Support
- Supported Employment
- Wellness and Recovery Centers
- Prevention and Outreach Treatment Programs
- Dual diagnosis counseling
- Housing Assistance

## Adult Substance Use Services

- Outpatient Counseling
- Perinatal Treatment Program
- Treatment Court Services
- Medication-Assisted Treatment



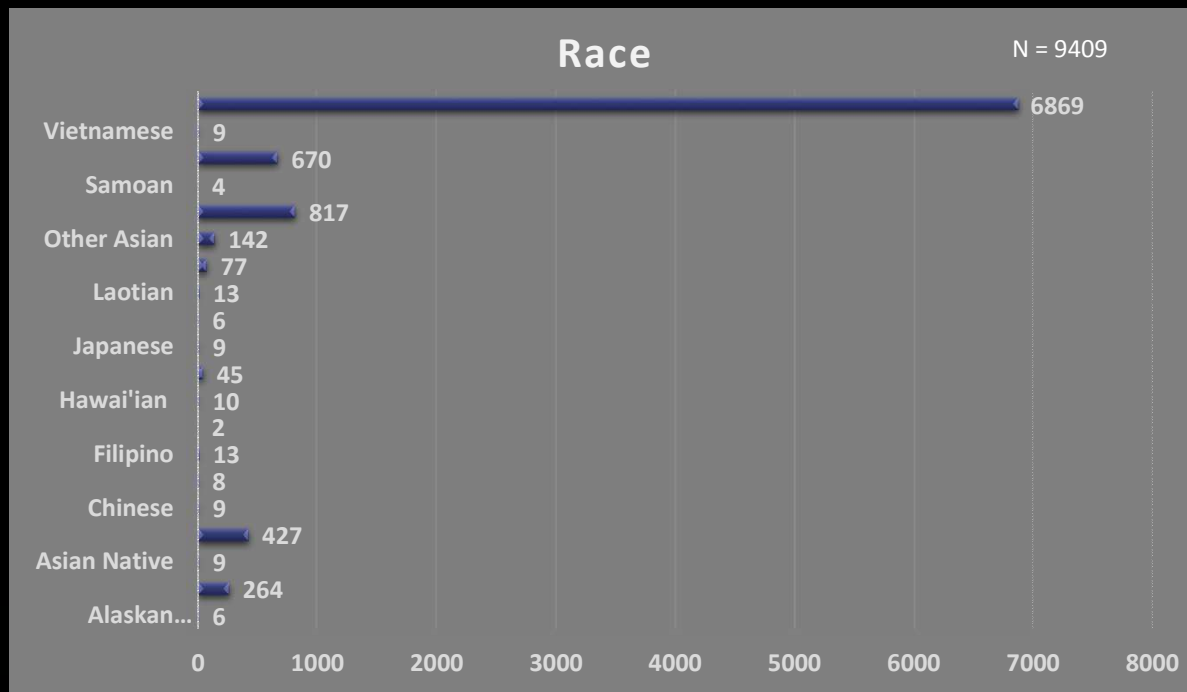
# Butte County Department of Behavioral Health



Gender	Percent N = 9409
Male	49.9%
Female	50.1%
Unknown	.02%

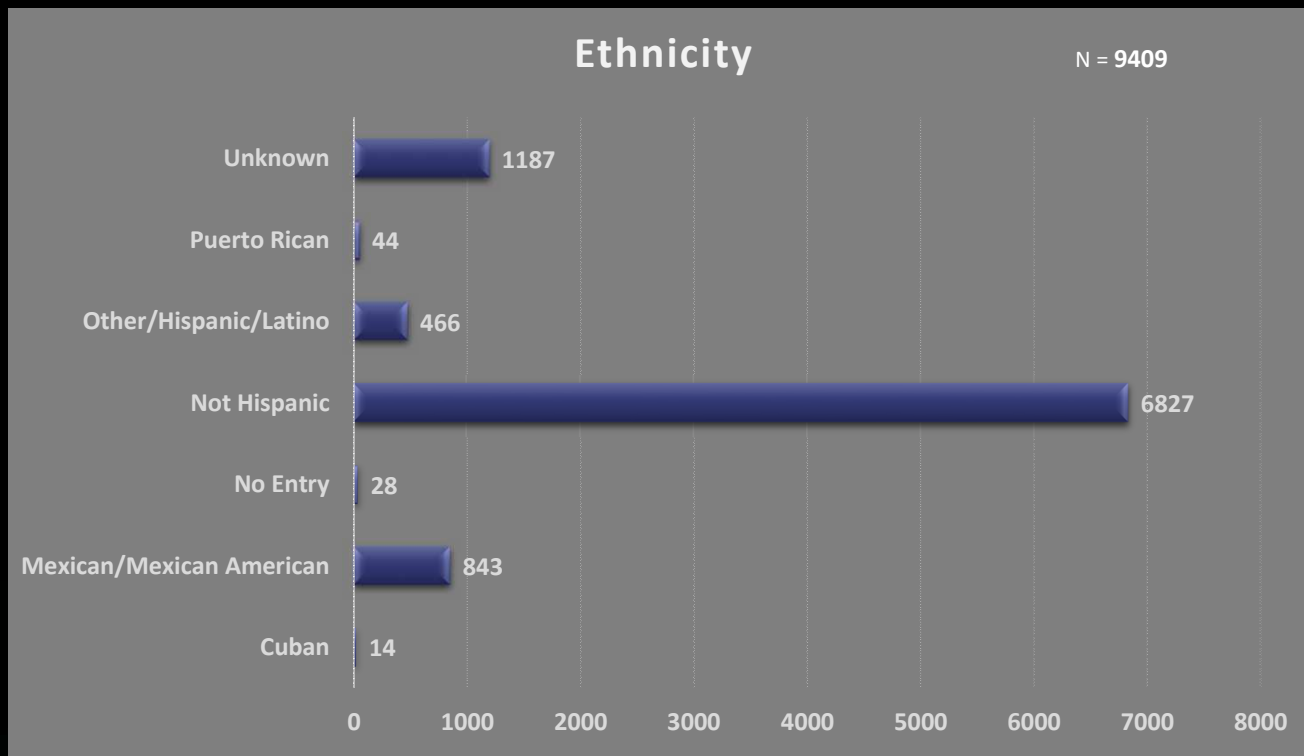


# Butte County Department of Behavioral Health



Primary Language	Count
American Sign Language	2
Arabic	2
Armenian	30
English	8522
Farsi	1
French	1
Hmong	157
Japanese	3
Lao	6
Mien	9
No Entry	29
Other Non-English	28
Other Sign Language	1
Portguese	2
Spanish	163
Tagalog	2
Thai	1
Unknown	448
Vietnamese	2
Total	9409

# Butte County Department of Behavioral Health





# Adult Outpatient Services

Specialized treatment for adults with chronic and severe mental illness, such as:

- Schizophrenia
- Bi-Polar Disorder
- Major Depression
- Post-Traumatic Stress Disorder (PTSD)

## Outpatient Services in Gridley, Chico, Oroville and Paradise

- Include assessments, therapy, medications, and case management



# Wellness Centers for Adults

- Chico
  - Iversen Center
- Oroville
  - Oroville Wellness Center
- Paradise
  - The Hub

## Sites Provide:

- Medication Services
- Employment and Housing Services
- Community Skill Building
- Peer Led Support and Educational Groups
- Computer Labs



# AB109 Program

Services to individuals released under Public Safety realignment probation

Cooperative Services with Probation and Sheriff's Office

Mental Health and Substance Use Treatment Services Provided

- Services include assessment, therapy, group therapy, medication services, and case management



# Inpatient Services

## BCDBH 16 Bed Psychiatric Health Facility (PHF)

- Facility for adults who do not have medical (physical health) complications but require high level of psychiatric care
- Average length of stay: 13.94 days
- Range (1 - 180) Days
- Most admissions are involuntary



# Crisis Services

Program/Initiative	Age served	Description
Crisis Stabilization Unit (CSU)	Youth & Adult	23-hour, voluntary, emergency assistance and triage service stabilization facility
Psychiatric Health Facility (PHF)	Adult	16-bed, locked psychiatric inpatient facility
Walk-in Crisis Services in Chico	Youth & Adult	Emergency assessment and triage services
Crisis Residential: Iris House	Adult	10-bed, short-term (30 days) residential facility; an alternative to institutional placement
Crisis Triage Teams	Youth & Adult	Mobile team for response to local emergency departments, 5150 assessments, post-hospitalization discharge planning
Target Team Outreach	Youth & Adult	Mental Health Staff ride-along with Chico Police Department 16 hours per week
Full-time Mental Health Staff at County Jail	Adult	Provides outreach, assessment, and treatment to incarcerated individuals living with mental illness

Crisis Call Line

24/7

1(800) 334-6624



# Children's Outpatient Services

## Community Counseling Centers in Chico, Oroville, Paradise and Gridley

- Youth 0 - 18 years of age served
  - + Ages 16 - 25 (Transition Age Youth) (TAY)
- Specialized treatment for children and youth with:
  - ✓ Severe Mood Disorders
  - ✓ Oppositional Defiant Disorder
  - ✓ ADHD (Attention Deficit Hyperactive Disorder)
  - ✓ Bi-Polar Disorder
  - ✓ Psychotic Disorder

Includes: assessment, therapy, group, medication, case management, and wraparound services.



# Prevention Services for Children, Youth & Families

- Live Spot in Gridley and Oroville
- Friday Night Live & Club Live in 15 Schools
- Impact Mentoring in 5 Schools
- Reach Conference
- Youth Development Summit (Community Leader World Café)
- Athlete Committed
- Strengthening Families Program
- Butte Youth Now (Grants)





# Substance Use Disorders (SUD) Treatment

## Outpatient Services

- Assessment, diagnosis, and treatment for individuals diagnosed with substance use disorders
- Individual and group counseling
- Referrals to community resources and self-help groups

## Perinatal Program

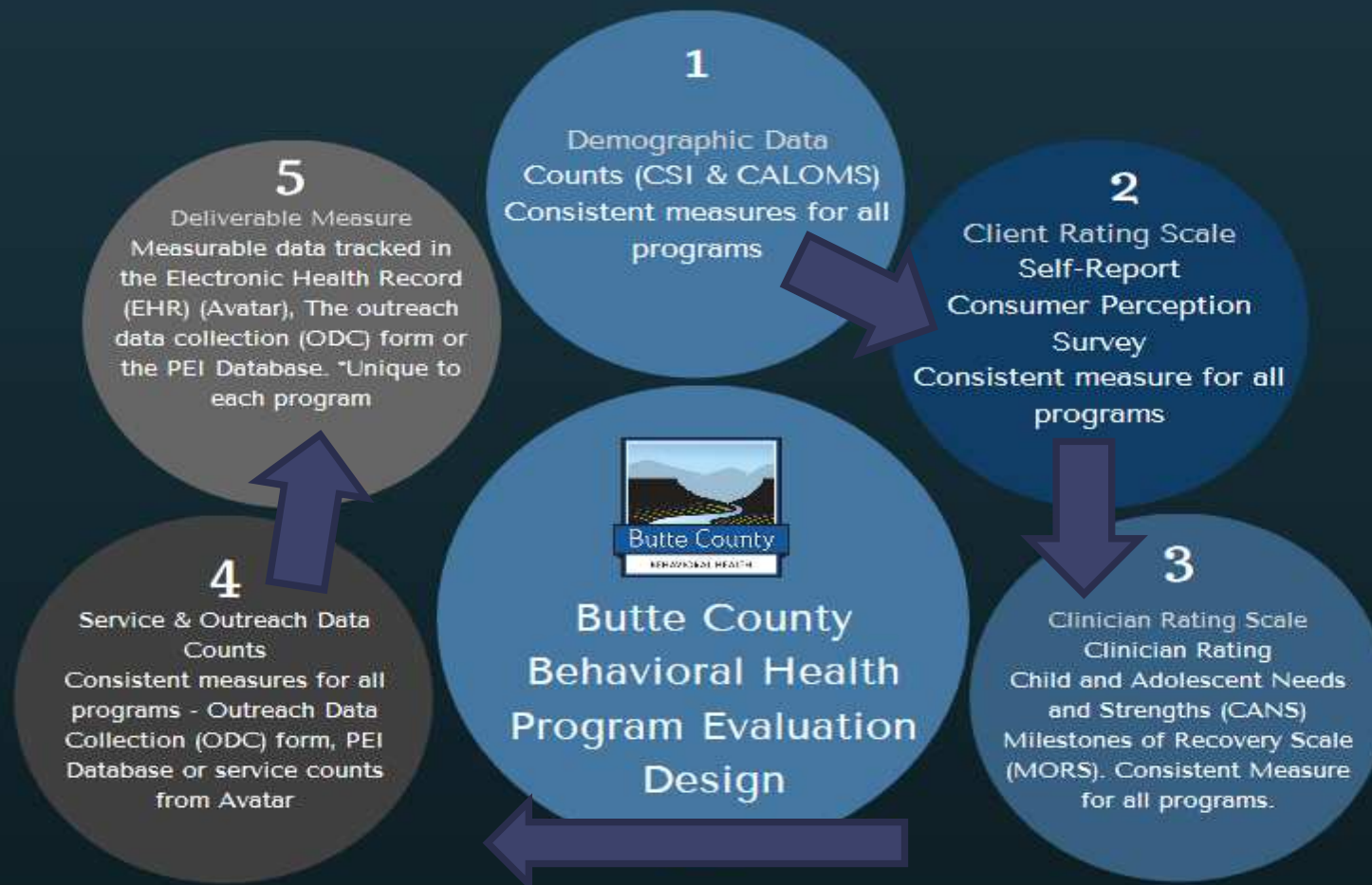
- Stepping Stones Perinatal Program

## Treatment Court Programs

- Voluntary Drug Treatment through the Court
- Family Drug Treatment



# Putting the pieces together – to tell our story



*Thank You & Welcome!*

Dr. Sésha Zinn, Psy.D.

(530)891-3280

[szinn@buttecounty.net](mailto:szinn@buttecounty.net)

Systems Performance, Research & Evaluations

